

As material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

The Pipeline, Cedar Rapids/Iowa City Chapter 160, Midwest Region

Message From Your President

Spring Forum in Omaha was one of the best NAWIC regional meetings I've ever attended. I was very impressed with the caliber of speakers, the seminar topics and the networking opportunities provided that weekend. Hats off to the Omaha Chapter and our Regional Director for planning such a great event!

One of the workshops forced members to really take a deeper look into themselves personally and professionally. The initial exercise required individuals to write down thirty words that answered the question "Who am I?" These descriptions could be

good or bad. Then we had to cross out the nine least important labels or descriptors. Then another nine. You had to continue this process until you were left with just three words answering the question, "Who am I?" These three words are what you should be focusing your efforts on, what will bring you the most happiness in your life. The speaker recommended that we do this exercise once a quarter to refocus our lives.

I am confident you could tailor this exercise for your business/employees, too. Ask your employees to list thirty words to describe "Who am I at work?" It would be enlightening to learn what's most important to them on a professional level and what direction they'd like to take their career. It could lead to training opportunities, shifts in tasks to improve productivity, and more.

I challenge each of you reading this newsletter to think about it. Ask yourself "Who am I?" You might be surprised at the answer!

Sincerely,

Darby Winger



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MARK YOUR CALENDARS!

June 6th

- Tour Elizabeth Catlett Residence Hall



June 7th
- Golf Outing

June 11th (note date change due to holiday)

-Program: 8 Strategies for Effective Leaders/Skilled Communication, dinner meeting to follow at:

T& K Roofing & Sheet Metal Co. at 1010 T&K Drive

Ely, 52227



Congratulations to Stephanie and Shamus Veach on the birth of their son, Kian Woodrow on May 4th.



Bulletin Board

General Meeting info:

Program: Tour Elizabeth Catlett Hall at UI

Location: 350 North Madison Street, Iowa City **Date and Time:** Tuesday, June 6th at 5:30pm

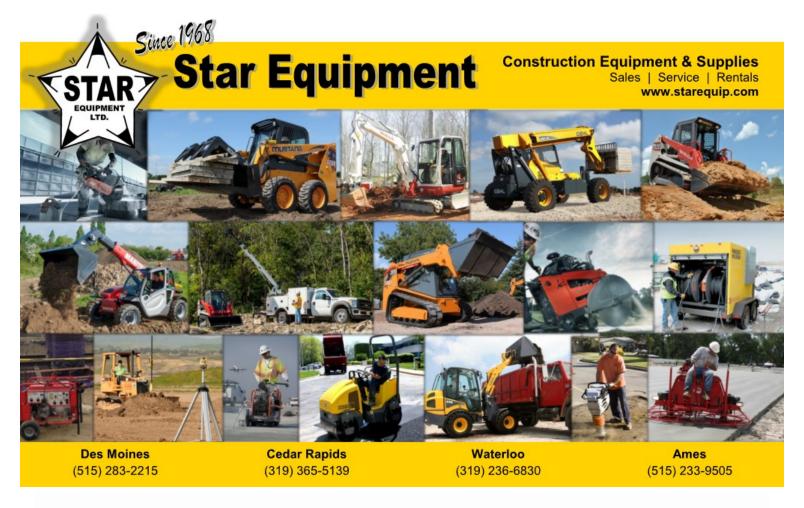
Dinner Meeting: Atlas – 127 Iowa Avenue, Iowa City 52240

Please RSVP by Monday, June 5th to Darby Winger at dwinger@iabuilder.com or 366-7781

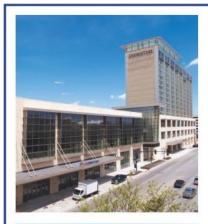




Our Chapter would like to sincerely thank Sarika Bhakta of Nikeye Diversity Consulting for providing an extremely informative and engaging presentation on gender diversity. She did a great job tailoring her information to the construction industry and spurring some great discussion on the topic overall. Thank you, Sarika!









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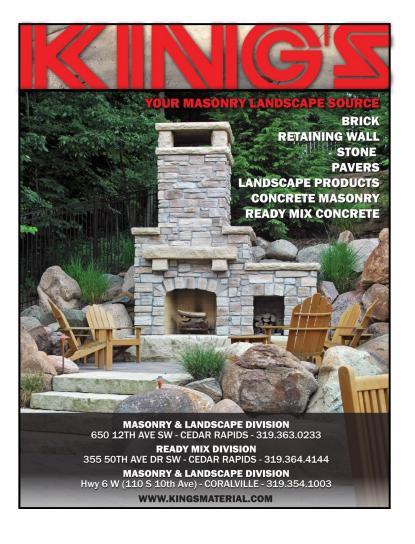


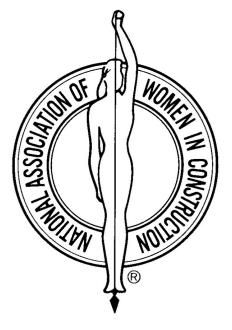




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Rinderknecht Associates Inc

Darby

Winger

500 Walford Rd SW Cedar Rapids, IA 52402



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NAWIC Pledge

As a material for the construction of our building, I pledge the agility of my hands, the ability of my mind, and the integrity of my heart.

NAWIC is an international association that promotes and supports the advancement and employment of women in the construction industry.



